

# CAPE ELIZABETH LAND TRUST TRIATHLON 2007

*Cape Elizabeth, Maine*

September 30, 2007

## Run Results

PLACE	IN	BIB	CLASS	SEX	AGE	NAME	HOMETOWN	STATE	RUN TIME	TRI/DUA
1	2		Corporate Team			Steve Ballou			15:57.7	T
2	141		Men 35-39	M	39	David Weatherbie	Cape Elizabeth	ME	17:32.8	T
3	102		Men 35-39	M	37	Don Mills	Exeter	NH	17:38.8	T
4	109		Men 35-39	M	36	Kurt Perham	brunswick	ME	17:51.8	T
5	66		Men 20-24	M	20	Daniel Jackson	Cape Elizabeth	ME	18:22.1	T
6	220		Men 40-44	M	40	Michael Juneau	Portland	ME	18:42.2	D
7	15		Men 19 & Under	M	17	Davis Backer	Cape Elizabeth	ME	18:44.1	T
8	4		Corporate Team			mary bauer	PORTLAND	ME	18:45.6	T
9	112		Men 45-49	M	47	Nick Ramharter	Bethel	ME	18:58.0	T
10	131		Men 35-39	M	38	Steven Tenney	Falmouth	ME	19:19.1	T
11	33		Men 30-34	M	32	Damien Colfer	Newmarket	NH	19:20.8	T
12	5		Corporate Team			Seth Brewster			19:23.1	T
13	90		Relay			Julian McGinn	Cape Elizabeth	ME	19:41.3	T
14	123		Men 45-49	M	49	Rob Smith	Cumberland	ME	19:43.6	T
15	3		Corporate Team			Matt Bates			20:00.6	T
16	19		Women 40-44	F	41	Erin Brennan	Portland	ME	20:03.0	T
17	100		Men 45-49	M	46	Charles Melton	Biddeford	ME	20:22.3	T
18	215		Men 35-39	M	36	Paul Hawkes	south portland	ME	20:26.8	D
19	242		Men 35-39	M	38	Robert Turner			20:28.5	D
20	88		Women 35-39	F	38	Carrie McCusker	Cape Elizabeth	ME	20:35.8	T
21	50		Men 35-39	M	35	Michael Friedland	South Portland	ME	20:39.0	T
22	81		Men 45-49	M	46	Paul Lennon	Cape Elizabeth	ME	20:50.4	T
23	64		Relay			Mary Holt	Westwood	MA	20:55.3	T
24	83		Men 30-34	M	32	Brian Livingston	Cape Elizabeth	ME	21:01.8	T
25	134		Men 45-49	M	45	Tom Vaughan	Cape Elizabeth	ME	21:05.3	T
26	42		Women 35-39	F	38	Allison DiMatteo	Saco	ME	21:08.0	T
27	7		Corporate Team			Laura Hummell			21:09.2	T
28	67		Women 20-24	F	24	Lauren Jellison	Brewer	ME	21:11.0	T
29	31		Men 30-34	M	33	Kenneth Clebak	Portsmouth	NH	21:12.0	T
30	104		Men 25-29	M	28	Corey Murphy	Gorham	ME	21:15.5	T
31	209		Men 40-44	M	44	Robert Emple			21:17.0	D
32	38		Relay			Bob Danielson	Cape elizabeth	ME	21:25.0	T
33	107		Men 35-39	M	38	Chris Parsons	Old orchard bea	ME	21:26.6	T
34	14		Men 40-44	M	42	John Arsenault Jr.	Scarborough	ME	21:43.4	T
35	39		Men 30-34	M	32	Alan DeGeorge	Cape Elizabeth	ME	21:45.2	T
36	236		Men 40-44	M	44	chris rasco	cape elizabeth	ME	21:57.8	D

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	37	40	Women 30-34	F	34	Claire Depke	Cape Elizabeth	ME	21:59.5	T
	38	142	Women 40-44	F	40	Tracey Weatherbie	Cape Elizabeth	ME	22:03.5	T
	39	106	Men 50-54	M	51	Paul Niehoff	Westbrook	ME	22:13.8	T
	40	244	Men 35-39	M	38	Dave Brackett	Westbrook	ME	22:14.3	D
	41	125	Men 55-59	M	55	Robert Stier	Cape Elizabeth	ME	22:17.6	T
	42	122	Men 40-44	M	42	Jeffry Simonton	Scarborough	ME	22:22.6	T
	43	1	Corporate Team			David Backer			22:32.9	T
	44	91	Women 40-44	F	43	Laura McGrath	Cape Elizabeth	ME	22:33.6	T
	45	136	Men 35-39	M	39	Chris Volan	scarborough	ME	22:38.5	T
	46	24	Men 30-34	M	30	Chris Callan	Portland	ME	22:43.1	T
	47	6	Corporate Team			Eric Hoffman			22:43.2	T
	48	105	Women 25-29	F	28	Karin Ney	Portland	ME	22:45.6	T
	49	243	Men 35-39	M	37	Scott Withers	South Portland	ME	22:54.2	D
	50	124	Men 35-39	M	38	Cory Snow	Portland	ME	23:02.0	T
	51	210	Men 45-49	M	48	Peter Esponnette	Auburn	ME	23:06.2	D
	52	202	Men 40-44	M	41	Henry Bradley	Falmouth	ME	23:06.9	D
	53	30	Women 30-34	F	32	Stacy Cimino	Cape Elizabeth	ME	23:08.7	T
	54	93	Men 45-49	M	45	Tom McInerney	Cape Elizabeth	ME	23:09.4	T
	55	82	Women 45-49	F	48	Sara Lennon	Cape Elizabeth	ME	23:10.4	T
	56	111	Women 45-49	F	46	Kristy Pulsifer	South Portland	ME	23:13.0	T
	57	226	Men 40-44	M	41	Paul McGrath	Cape Elizabeth	ME	23:14.3	D
	58	77	Men 30-34	M	34	JAMES LAWLOR	SOUTH PORTLA	ME	23:16.7	T
	59	74	Men 40-44	M	44	Andrew Landes	Cape Elizabeth	ME	23:21.1	T
	60	229	Men 35-39	M	38	Norman Morgan	Lisbon Falls	ME	23:26.2	D
	61	239	Women 40-44	F	43	Judy Tammaro	Portland	ME	23:39.4	D
	62	149	Women 40-44	F	41	Maureen Peroni			23:43.0	T
	63	12	Women 50-54	F	50	Heidi Alpern	Cape Elizabeth	ME	23:46.8	T
	64	225	Men 20-24	M	24	john martin	kennebunk	ME	23:48.0	D
	65	216	Relay		29	Amy Hediger	Poland	ME	23:54.8	D
	66	204	Men 35-39	M	36	Joseph Dacey	Portland	ME	23:57.0	D
	67	127	Men 30-34	M	34	Steve Stinson	South Portland	ME	23:58.9	T
	68	34	Women 30-34	F	30	Erin Cooke	Cape Elizabeth	ME	24:04.3	T
	69	62	Men 40-44	M	44	Marc Hofley	Bow	NH	24:10.9	T
	70	72	Men 50-54	M	50	Wayne Komulainen	Scarborough	ME	24:12.8	T
	71	221	Women 40-44	F	42	Karen Elise Kilbride	Portland	ME	24:15.9	D
	72	129	Men 45-49	M	46	Michael Takach	Cape Elizabeth	ME	24:17.0	T

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PLACE	IN RUN	BIB	CLASS	SEX	AGE	NAME	HOMETOWN	STATE	RUN TIME	TRI/DUA
	73	241	Women 50-54	F	51	Deborah Sweeney	Centerville	MA	24:29.2	D
	74	84	Women 35-39	F	37	sandra livingston	cape elizabeth	ME	24:31.7	T
	75	18	Women 35-39	F	38	lisa bisceglia	south portland	ME	24:37.9	T
	76	26	Men 35-39	M	38	Jeff Carruthers	Boston	MA	24:48.6	T
	77	80	Women 30-34	F	33	Patricia LeFevre	Falmouth	ME	24:58.6	T
	78	110	Women 40-44	F	44	Lisa Plummer	Cumberland	ME	24:59.2	T
	79	87	Women 30-34	F	33	Susan Mazzeo	Newmarket	NH	25:00.1	T
	80	227	Men 25-29	M	28	Travis Meek	Portland	ME	25:01.4	D
	81	37	Relay			Chris Crovo	Scarborough	ME	25:08.1	T
	82	57	Men 50-54	M	53	Kenneth Gray	cape elizabeth	ME	25:10.8	T
	83	206	Women 40-44	F	41	Pam DeNutte	So.Portland	ME	25:13.3	D
	84	86	Men 50-54	M	51	Dave Marchese			25:19.6	T
	85	94	Relay			Lori McKeown	Scarborough	ME	25:23.2	T
	86	95	Men 40-44	F	41	Dan McKeown	Scarborough	ME	25:26.4	T
	87	96	Men 35-39	M	39	robert mckillop	scarborough	ME	25:31.0	T
	88	20	Women 40-44	F	40	Andrea Brown	South Portland	ME	25:31.4	T
	89	55	Women 19 & Under	F	13	Melissa Gloekler	Bow	NH	25:37.8	T
	90	138	Men 30-34	M	34	Colby Wallace	South Portland	ME	25:45.1	T
	91	116	Women 30-34	F	30	Courtney Richambault	south Portland	ME	25:50.8	T
	92	23	Men 30-34	M	31	Jason Burtchell	Auburn	ME	25:52.9	T
	93	118	Relay			Sanford Roberts	Portsmouth	NH	25:55.7	T
	94	92	Men 19 & Under	M	13	Ian McInerney	Cape Elizabeth	ME	25:59.0	T
	95	237	Men 45-49	M	45	Wayne Roberts	Kittery	ME	25:59.4	D
	96	29	Women 35-39	F	35	Molly Chase	Scarborough	ME	26:03.0	T
	97	208	Women 40-44	F	40	julie emerson	cape elizabeth	ME	26:23.1	D
	98	211	Men 40-44	M	43	Brad Farrin	Norridgewock	ME	26:24.7	D
	99	59	Women 30-34	F	31	Jeraldine Herrera	brunswick	ME	26:32.1	T
	100	224	Women 30-34	F	33	Pamela Lattin	North Anson	ME	26:35.6	D
	101	120	Men 45-49	M	47	edward rowe	so. portland	ME	26:36.4	T
	102	203	Women 20-24	F	23	Alison Cekala	Cumberland Fore	ME	26:50.0	D
	103	219	Relay		48	Herb Janick	Cape Elizabeth	ME	26:50.1	D
	104	97	Women 35-39	F	39	jennifer mckillop	scarborough	ME	26:54.0	T
	105	65	Women 35-39	F	36	Hadley Horch	Brunswick	ME	26:54.9	T
	106	114	Women 45-49	F	47	Janice Reale-Hatem	Cape Elizabeth	ME	26:58.8	T
	107	146	Women 25-29	F	27	Suzanne Winiacki	Portland	ME	27:01.4	T
	108	132	Men 30-34	M	32	Malcolm Toon	Cape Elizabeth	ME	27:12.9	T

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	109	133	Women 30-34	F	32	Katie Vaillancourt	Cape Elizabeth	ME	27:14.8	T
	110	98	Women 50-54	F	50	Patty Medina	Cape Elizabeth	ME	27:18.7	T
	111	148	Men 60 & Over	M	60	Wright Tom			27:30.0	T
	112	201	Women 55-59	F	56	Mary Bauer	Portland	ME	27:43.7	D
	113	233	Women 40-44	F	42	Jackie Pierce	Cape Elizabeth	ME	27:44.6	D
	114	130	Women 35-39	F	38	Sarah Taylor	Scarborough	ME	27:46.2	T
	115	128	Women 35-39	F	37	Sheila Sullivan	Portland	ME	27:47.6	T
	116	49	Women 40-44	F	43	Mary Fox	Brunswick	ME	27:57.4	T
	117	119	Women 40-44	F	40	Janice Rogers	South Portland	ME	28:04.1	T
	118	47	Women 45-49	F	47	Julie Marchese			28:07.3	T
	119	213	Relay		45	Tom Gale	Cape Elizabeth	ME	28:08.8	D
	120	69	Women 35-39	F	38	Jennifer Joseph	Windham	ME	28:11.9	T
	121	51	Women 35-39	F	37	Lacey Gale	Woolwich	ME	28:13.5	T
	122	126	Women 30-34	F	33	Susan Stinson	South Portland	ME	28:25.8	T
	123	230	Women 45-49	F	46	Marianne Mosesso	Biddeford	ME	28:26.1	D
	124	45	Relay			Allison Fischang	Oakland	ME	28:26.5	T
	125	234	Men 45-49	M	45	Jeffrey Powers	Skowhegan	ME	28:27.5	D
	126	212	Women 35-39	F	39	Elise Fisher	Gorhama	ME	28:52.9	D
	127	13	Women 25-29	F	28	Carolyn Arcand	Portland	ME	28:59.6	T
	128	60	Women 19 & Under	F	13	Katherine Hofley	Bow	NH	29:06.4	T
	129	28	Women 30-34	F	31	Laura Charland	Biddeford	ME	29:09.8	T
	130	68	Women 50-54	F	53	marianne jordan	brunswick	ME	29:27.3	T
	131	139	Women 35-39	F	39	Melissa Ward	Steep Falls	ME	29:29.8	T
	132	240	Women 40-44	F	42	Dawn Stickney	Tyngsboro	MA	29:36.7	D
	133	73	Women 40-44	F	44	Allison Landes	Cape Elizabeth	ME	29:38.2	T
	134	35	Women 35-39	F	36	karla coury	yarmouth	ME	29:39.8	T
	135	46	Women 40-44	F	41	Christina Fish	Rockland	ME	29:41.3	T
	136	78	Men 20-24	M	21	Patrick Leahy	Portland	ME	29:42.9	T
	137	117	Women 30-34	F	31	Heather Richambault	South Portland	ME	29:44.4	T
	138	113	Women 40-44	F	42	Carey Rasco	Cape Elizabeth	ME	29:46.6	T
	139	32	Women 40-44	F	42	katherine cloutier	cumberland fore	ME	29:54.5	T
	140	17	Women 50-54	F	52	Wendy Toothaker	Cape Elizabeth	ME	29:54.6	T
	141	21	Women 45-49	F	47	Liz Brown	Portland	ME	30:05.8	T
	142	140	Women 25-29	F	27	Kirstan Watson	Arundel	ME	30:13.1	T
	143	25	Men 40-44	M	43	John Cameron	Falmouth	ME	30:16.6	T
	144	99	Women 25-29	F	28	Kathleen Meek	Portland	ME	30:27.1	T

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	145	207	Women 45-49	F	45	Elizabeth Doane	South Portland	ME	30:45.8	D
	146	48	Women 55-59	F	55	Rosemary Fowles	Washington	ME	30:55.6	T
	147	103	Women 50-54	F	50	Jane Moriarty	Cumberland	ME	32:13.6	T
	148	56	Women 50-54	F	51	Denise Gloekler	Bow	NH	32:32.7	T
	149	22	Women 50-54	F	50	Marie Brown	Freeport	ME	32:41.1	T
	150	75	Women 50-54	F	50	Connie Lannon	Falmouth	ME	32:41.1	T
	151	137	Men 35-39	M	39	Mark Walczak	Amherst	NH	33:01.5	T
	152	27	Women 40-44	F	41	Karina Chapman	Kennebunkport	ME	33:07.5	T
	153	135	Women 40-44	F	40	Kimberly Verreault	Saco	ME	33:40.0	T
	154	145	Women 45-49	F	45	M.C. Williamson	Yarmouth	ME	34:02.0	T
	155	70	Women 25-29	F	28	Abigail Knapp	Friendship	ME	34:14.1	T
	156	63	Women 40-44	F	44	Mary Holmes	Freeport	ME	34:23.2	T
	157	85	Women 50-54	F	51	Sabrina Loring	South Portland	ME	34:28.4	T
	158	205	Women 35-39	F	35	Erika DeGeorge	Saco	ME	34:56.8	D
	159	58	Women 45-49	F	47	Deborah Halpin	Pownal	ME	35:41.2	T
	160	214	Men 40-44	M	41	John Hartley	south portland	ME	37:40.6	D
	161	223	Women 45-49	F	48	Kathy Lane	Tyngsboro	MA	38:31.4	D
	162	218	Women 45-49	F	45	Pamela James-Powers	Skowhegan	ME	38:42.5	D
	163	61	Women 40-44	F	43	Pamela Hofley	Bow	NH	38:44.7	T
	164	222	Women 45-49	F	45	Cory Kuhl	Cape Elizabeth	ME	39:21.1	D
	165	144	Relay			Marci Wilde	Brunswick	ME	41:07.8	T
	166	71	Women 45-49	F	46	Ellen Knight	Cape Elizabeth	ME	41:14.1	T
	167	228	Women 35-39	F	38	Corinne Moore	Dover	NH	41:43.0	D
	168	232	Women 50-54	F	50	Jody O'Farrell	Gray	ME	42:59.3	D
		11	Women 25-29	F	29	Neeburbunn Almenas	Cape Elizabeth	ME	#N/A	T
		16	Men 50-54	M	51	Gerry Baldacci	Bangor	ME	#N/A	T
		36	Men 45-49	M	47	Mark Cronin	Gray	ME	#N/A	T
		41	Women 45-49	F	46	Abigail Diggins	Yarmouth	ME	#N/A	T
		43	Men 35-39	M	39	Rick Donald	Freeport	ME	#N/A	T
		44	Men 20-24	M	24	James Favreau Jr	Brunswick	ME	#N/A	T
		52	Women 25-29	F	26	Erica Gates	Waldoboro	ME	#N/A	T
		53	Women 30-34	F	32	Kiely Geary	Cape Elizabeth	ME	#N/A	T
		54	Men 30-34	M	32	Matthew Geary	Cape Elizabeth	ME	#N/A	T
		76	Men 40-44	M	41	Tom Laprade	Cape Elizabeth	ME	#N/A	T
		79	Men 35-39	M	36	Justin LeBlanc	South Portland	ME	#N/A	T
		89	Men 45-49	M	45	Chris McGinn	Cape Elizabeth	ME	#N/A	T

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	101	Men 40-44	M	41	matt	merrifield	moody	ME	#N/A	T
	108	Men 35-39	M	37	Dean	Penny	Brentwood	NH	#N/A	T
	121	Men 55-59	M	58	albert	shiely	flower mound	TX	#N/A	T
	143	Men 35-39	M	38	Kurt	Whited	South Portland	ME	#N/A	T
	147	Women 40-44	F	40	Heather	Zachau	Freeport	ME	#N/A	T
	150	Women 30-34	F	31	Erin	Fleming	Old Orchard	ME	#N/A	T
	217	Women 40-44	F	41	Stella	Hills	Windham	ME	#N/A	D
	231	Women 35-39	F	37	Holly	Myers	Tyngsboro	MA	#N/A	D
	235	Men 40-44	M	44	chris	rasco	cape elizabeth	ME	#N/A	D
	238	Men 30-34	M	33	Douglas	Skolnekovich	Freeport	ME	#N/A	D

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