

# CAPE ELIZABETH LAND TRUST TRIATHLON 2007

Cape Elizabeth, Maine

September 30, 2007

## Triathlon Results by Class

| PLACE |    |       | OVERALL |     |                  |                      |                |       | SWIM/DUA |                 | BICYCLE   |               | OVERALL  |           |           |
|-------|----|-------|---------|-----|------------------|----------------------|----------------|-------|----------|-----------------|-----------|---------------|----------|-----------|-----------|
| PLACE | IN | PLACE | BIB     | SEX | CLASS            | NAME                 | HOMETOWN       | STATE | TIME     | SWIM /DUA PLACE | TIME      | BICYCLE PLACE | RUN TIME | RUN PLACE | TIME      |
| 1     | 1  | 3     | 2       |     | Corporate Team   | Steve Ballou         |                |       | 06:35.4  | 16              | 0:38:27.4 | 7             | 15:57.7  | 1         | 1:01:00.5 |
| 2     | 2  | 5     | 6       |     | Corporate Team   | Eric Hoffman         |                |       | 06:15.0  | 9               | 0:34:11.6 | 1             | 22:43.2  | 47        | 1:03:09.9 |
| 4     | 3  | 10    | 5       |     | Corporate Team   | Seth Brewster        |                |       | 05:36.9  | 3               | 0:41:18.4 | 17            | 19:23.1  | 12        | 1:06:18.5 |
| 5     | 4  | 14    | 1       |     | Corporate Team   | David Backer         |                |       | 06:30.2  | 14              | 0:39:07.3 | 9             | 22:32.9  | 43        | 1:08:10.5 |
| 6     | 5  | 18    | 3       |     | Corporate Team   | Matt Bates           |                |       | 06:21.7  | 12              | 0:44:14.5 | 28            | 20:00.6  | 15        | 1:10:36.8 |
| 9     | 6  | 37    | 4       |     | Corporate Team   | mary bauer           | PORTLAND       | ME    | 06:17.5  | 11              | 0:53:48.2 | 98            | 18:45.6  | 8         | 1:18:51.3 |
| 11    | 7  | 48    | 7       |     | Corporate Team   | Laura Hummell        |                |       | 06:46.8  | 21              | 0:55:43.2 | 110           | 21:09.2  | 27        | 1:23:39.2 |
| 44    | 1  | 104   | 55      | F   | Women 19 & Under | Melissa Gloekler     | Bow            | NH    | 08:07.9  | 51              | 1:05:28.2 | 154           | 25:37.8  | 89        | 1:39:14.0 |
| 54    | 2  | 114   | 60      | F   | Women 19 & Under | Katherine Holey      | Bow            | NH    | 07:24.0  | 29              | 1:07:44.4 | 159           | 29:06.4  | 128       | 1:44:14.9 |
| 7     | 1  | 36    | 67      | F   | Women 20-24      | Lauren Jellison      | Brewer         | ME    | 07:56.2  | 45              | 0:49:19.4 | 59            | 21:11.0  | 28        | 1:18:26.6 |
| 23    | 1  | 74    | 105     | F   | Women 25-29      | Karin Ney            | Portland       | ME    | 07:42.6  | 39              | 0:58:36.5 | 127           | 22:45.6  | 48        | 1:29:04.8 |
| 29    | 2  | 84    | 146     | F   | Women 25-29      | Suzanne Winiecki     | Portland       | ME    | 08:29.4  | 66              | 0:55:44.7 | 111           | 27:01.4  | 107       | 1:31:15.5 |
| 37    | 3  | 97    | 99      | F   | Women 25-29      | Kathleen Meek        | Portland       | ME    | 06:40.6  | 19              | 0:59:23.6 | 133           | 30:27.1  | 144       | 1:36:31.3 |
| 39    | 4  | 99    | 140     | F   | Women 25-29      | Kirstan Watson       | Arundel        | ME    | 09:58.3  | 104             | 0:57:01.9 | 116           | 30:13.1  | 142       | 1:37:13.3 |
| 45    | 5  | 105   | 13      | F   | Women 25-29      | Carolyn Arcand       | Portland       | ME    | 09:40.8  | 99              | 1:00:38.8 | 141           | 28:59.6  | 127       | 1:39:19.2 |
| 59    | 6  | 120   | 70      | F   | Women 25-29      | Abigail Knapp        | Friendship     | ME    | 08:51.4  | 77              | 1:05:33.8 | 155           | 34:14.1  | 155       | 1:48:39.3 |
|       |    |       | 11      | F   | Women 25-29      | Neeburbunn Almenas   | Cape Elizabeth | ME    | #N/A     |                 | #N/A      |               | #N/A     |           | DNF       |
|       |    |       | 52      | F   | Women 25-29      | Erica Gates          | Waldoboro      | ME    | #N/A     |                 | #N/A      |               | #N/A     |           | DNS       |
| 3     | 1  | 26    | 30      | F   | Women 30-34      | Stacy Cimino         | Cape Elizabeth | ME    | 07:24.7  | 30              | 0:44:57.8 | 30            | 23:08.7  | 53        | 1:15:31.2 |
| 6     | 2  | 32    | 40      | F   | Women 30-34      | Claire Depke         | Cape Elizabeth | ME    | 07:25.2  | 31              | 0:48:13.3 | 49            | 21:59.5  | 37        | 1:17:38.1 |
| 8     | 3  | 38    | 87      | F   | Women 30-34      | Susan Mazzeo         | Newmarket      | NH    | 08:23.4  | 61              | 0:46:43.2 | 39            | 25:00.1  | 79        | 1:20:06.6 |
| 15    | 4  | 58    | 34      | F   | Women 30-34      | Erin Cooke           | Cape Elizabeth | ME    | 07:52.4  | 43              | 0:52:53.3 | 89            | 24:04.3  | 68        | 1:24:50.0 |
| 19    | 5  | 68    | 80      | F   | Women 30-34      | Patricia LeFevre     | Falmouth       | ME    | 09:30.6  | 93              | 0:53:11.4 | 92            | 24:58.6  | 77        | 1:27:40.6 |
| 24    | 6  | 79    | 116     | F   | Women 30-34      | Courtney Richambault | south Portland | ME    | 10:04.2  | 106             | 0:54:20.7 | 103           | 25:50.8  | 91        | 1:30:15.8 |
| 25    | 7  | 80    | 59      | F   | Women 30-34      | Jeraldine Herrera    | brunswick      | ME    | 09:08.4  | 85              | 0:54:37.4 | 105           | 26:32.1  | 99        | 1:30:17.9 |
| 32    | 8  | 89    | 133     | F   | Women 30-34      | Katie Vaillancourt   | Cape Elizabeth | ME    | 07:01.0  | 23              | 0:58:23.5 | 125           | 27:14.8  | 109       | 1:32:39.3 |
| 38    | 9  | 98    | 117     | F   | Women 30-34      | Heather Richambault  | South Portland | ME    | 09:58.4  | 105             | 0:56:52.0 | 115           | 29:44.4  | 137       | 1:36:34.8 |
| 46    | 10 | 106   | 28      | F   | Women 30-34      | Laura Charland       | Biddeford      | ME    | 11:24.6  | 123             | 0:58:45.2 | 128           | 29:09.8  | 129       | 1:39:19.5 |
| 52    | 11 | 112   | 126     | F   | Women 30-34      | Susan Stinson        | South Portland | ME    | 10:06.4  | 107             | 1:03:02.4 | 148           | 28:25.8  | 122       | 1:41:34.6 |
|       |    |       | 150     | F   | Women 30-34      | Erin Fleming         | Old Orchard    | ME    | 10:15.2  | 109             | #N/A      |               | #N/A     |           | DNF       |
|       |    |       | 53      | F   | Women 30-34      | Kiely Geary          | Cape Elizabeth | ME    | #N/A     |                 | #N/A      |               | #N/A     |           | DNS       |
| 2     | 1  | 12    | 88      | F   | Women 35-39      | Carrie McCusker      | Cape Elizabeth | ME    | 06:31.3  | 15              | 0:40:15.4 | 14            | 20:35.8  | 20        | 1:07:22.5 |
| 4     | 2  | 27    | 42      | F   | Women 35-39      | Allison DiMatteo     | Saco           | ME    | 07:20.0  | 26              | 0:47:24.7 | 47            | 21:08.0  | 26        | 1:15:52.8 |
| 12    | 3  | 52    | 84      | F   | Women 35-39      | sandra livingston    | cape elizabeth | ME    | 08:50.8  | 76              | 0:50:36.7 | 70            | 24:31.7  | 74        | 1:23:59.1 |
| 16    | 4  | 60    | 18      | F   | Women 35-39      | lisa bisceglia       | south portland | ME    | 08:35.0  | 70              | 0:52:13.7 | 81            | 24:37.9  | 75        | 1:25:26.5 |
| 20    | 5  | 69    | 29      | F   | Women 35-39      | Molly Chase          | Scarborough    | ME    | 09:48.6  | 100             | 0:51:49.5 | 79            | 26:03.0  | 96        | 1:27:41.1 |
| 28    | 6  | 83    | 69      | F   | Women 35-39      | Jennifer Joseph      | Windham        | ME    | 07:21.0  | 27              | 0:55:38.9 | 109           | 28:11.9  | 120       | 1:31:11.7 |
| 33    | 7  | 90    | 65      | F   | Women 35-39      | Hadley Horch         | Brunswick      | ME    | 09:00.5  | 83              | 0:57:07.8 | 117           | 26:54.9  | 105       | 1:33:03.3 |
| 40    | 8  | 100   | 128     | F   | Women 35-39      | Sheila Sullivan      | Portland       | ME    | 09:33.2  | 97              | 1:00:01.3 | 136           | 27:47.6  | 115       | 1:37:22.2 |
| 43    | 9  | 103   | 130     | F   | Women 35-39      | Sarah Taylor         | Scarborough    | ME    | 12:21.4  | 127             | 0:58:55.5 | 130           | 27:46.2  | 114       | 1:39:03.2 |
| 48    | 10 | 108   | 35      | F   | Women 35-39      | karla coury          | yarmouth       | ME    | 12:44.8  | 128             | 0:57:08.8 | 118           | 29:39.8  | 134       | 1:39:33.4 |
| 53    | 11 | 113   | 97      | F   | Women 35-39      | jennifer mckillip    | scarborough    | ME    | 07:15.2  | 25              | 1:09:22.4 | 161           | 26:54.0  | 104       | 1:43:31.6 |
| 55    | 12 | 115   | 139     | F   | Women 35-39      | Melissa Ward         | Steep Falls    | ME    | 11:12.6  | 121             | 1:03:43.0 | 149           | 29:29.8  | 131       | 1:44:25.3 |
| 61    | 13 | 122   | 51      | F   | Women 35-39      | Lacey Gale           | Woolwich       | ME    | 07:44.1  | 40              | 1:14:15.6 | 167           | 28:13.5  | 121       | 1:50:13.1 |

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## Triathlon Results by Class

| PLACE  |       |         | OVERALL |     | CLASS          |                    | NAME            |       |          | HOMETOWN   |           | STATE   |         | SWIM/DUA |           | BICYCLE |  | OVERALL |  |
|--------|-------|---------|---------|-----|----------------|--------------------|-----------------|-------|----------|------------|-----------|---------|---------|----------|-----------|---------|--|---------|--|
| PLACE  | IN    | OVERALL | BIB     | SEX | CLASS          | NAME               | HOMETOWN        | STATE | SWIM/DUA | SWIM       | BICYCLE   | BICYCLE | PLACE   | RUN TIME | RUN PLACE | TIME    |  |         |  |
| IN SEX | CLASS | PLACE   |         |     |                |                    |                 |       | TIME     | /DUA PLACE | TIME      | PLACE   |         |          |           | TIME    |  |         |  |
| 1      | 1     | 11      | 19      | F   | Women 40-44    | Erin Brennan       | Portland        | ME    | 06:36.1  | 17         | 0:40:02.2 | 13      | 20:03.0 | 16       | 1:06:41.2 |         |  |         |  |
| 5      | 2     | 29      | 142     | F   | Women 40-44    | Tracey Weatherbie  | Cape Elizabeth  | ME    | 07:39.6  | 36         | 0:46:53.1 | 42      | 22:03.5 | 38       | 1:16:36.2 |         |  |         |  |
| 9      | 3     | 42      | 91      | F   | Women 40-44    | Laura McGrath      | Cape Elizabeth  | ME    | 09:27.4  | 91         | 0:49:54.2 | 65      | 22:33.6 | 44       | 1:21:55.2 |         |  |         |  |
| 10     | 4     | 43      | 20      | F   | Women 40-44    | Andrea Brown       | South Portland  | ME    | 07:56.9  | 46         | 0:48:34.2 | 50      | 25:31.4 | 88       | 1:22:02.5 |         |  |         |  |
| 17     | 5     | 61      | 149     | F   | Women 40-44    | Maureen Peroni     |                 |       | 08:09.1  | 52         | 0:53:42.8 | 97      | 23:43.0 | 62       | 1:25:34.9 |         |  |         |  |
| 21     | 6     | 70      | 119     | F   | Women 40-44    | Janice Rogers      | South Portland  | ME    | 09:17.9  | 88         | 0:50:23.3 | 68      | 28:04.1 | 117      | 1:27:45.3 |         |  |         |  |
| 26     | 7     | 81      | 113     | F   | Women 40-44    | Carey Rasco        | Cape Elizabeth  | ME    | 08:27.3  | 65         | 0:52:18.8 | 84      | 29:46.6 | 138      | 1:30:32.6 |         |  |         |  |
| 27     | 8     | 82      | 49      | F   | Women 40-44    | Mary Fox           | Brunswick       | ME    | 08:58.1  | 80         | 0:54:08.8 | 100     | 27:57.4 | 116      | 1:31:04.3 |         |  |         |  |
| 34     | 9     | 91      | 73      | F   | Women 40-44    | Allison Landes     | Cape Elizabeth  | ME    | 07:58.6  | 47         | 0:55:26.6 | 107     | 29:38.2 | 133      | 1:33:03.4 |         |  |         |  |
| 35     | 10    | 93      | 110     | F   | Women 40-44    | Lisa Plummer       | Cumberland      | ME    | 09:53.8  | 101        | 0:58:59.9 | 131     | 24:59.2 | 78       | 1:33:52.9 |         |  |         |  |
| 36     | 11    | 95      | 32      | F   | Women 40-44    | katherine cloutier | cumberland fore | ME    | 08:11.6  | 54         | 0:57:21.4 | 122     | 29:54.5 | 139      | 1:35:27.6 |         |  |         |  |
| 47     | 12    | 107     | 46      | F   | Women 40-44    | Christina Fish     | Rockland        | ME    | 11:50.4  | 125        | 0:58:01.0 | 123     | 29:41.3 | 135      | 1:39:32.7 |         |  |         |  |
| 56     | 13    | 116     | 63      | F   | Women 40-44    | Mary Holmes        | Freeport        | ME    | 10:18.7  | 113        | 1:00:18.6 | 138     | 34:23.2 | 156      | 1:45:00.5 |         |  |         |  |
| 58     | 14    | 119     | 27      | F   | Women 40-44    | Karina Chapman     | Kennebunkport   | ME    | 11:31.3  | 124        | 1:02:04.9 | 145     | 33:07.5 | 152      | 1:46:43.6 |         |  |         |  |
| 62     | 15    | 123     | 135     | F   | Women 40-44    | Kimberly Verreault | Saco            | ME    | 10:45.0  | 117        | 1:05:49.1 | 156     | 33:40.0 | 153      | 1:50:14.1 |         |  |         |  |
| 68     | 16    | 129     | 61      | F   | Women 40-44    | Pamela Hofley      | Bow             | NH    | 08:56.1  | 79         | 1:10:49.4 | 162     | 38:44.7 | 163      | 1:58:30.2 |         |  |         |  |
|        |       |         | 147     | F   | Women 40-44    | Heather Zachau     | Freeport        | ME    | #N/A     |            | #N/A      |         | #N/A    |          | DNS       |         |  |         |  |
| 11     | 1     | 51      | 82      | F   | Women 45-49    | Sara Lennon        | Cape Elizabeth  | ME    | 07:34.2  | 34         | 0:53:10.2 | 91      | 23:10.4 | 55       | 1:23:54.8 |         |  |         |  |
| 13     | 2     | 56      | 111     | F   | Women 45-49    | Kristy Pulsifer    | South Portland  | ME    | 09:33.1  | 95         | 0:51:43.7 | 78      | 23:13.0 | 56       | 1:24:29.7 |         |  |         |  |
| 18     | 3     | 64      | 47      | F   | Women 45-49    | Julie Marchese     |                 |       | 07:51.2  | 42         | 0:50:48.9 | 72      | 28:07.3 | 118      | 1:26:47.3 |         |  |         |  |
| 31     | 4     | 88      | 114     | F   | Women 45-49    | Janice Reale-Hatem | Cape Elizabeth  | ME    | 09:26.0  | 90         | 0:55:57.1 | 113     | 26:58.8 | 106      | 1:32:21.9 |         |  |         |  |
| 41     | 5     | 101     | 58      | F   | Women 45-49    | Deborah Halpin     | Pownal          | ME    | 08:34.4  | 69         | 0:53:57.6 | 99      | 35:41.2 | 159      | 1:38:13.3 |         |  |         |  |
| 49     | 6     | 109     | 21      | F   | Women 45-49    | Liz Brown          | Portland        | ME    | 10:41.1  | 116        | 0:59:13.7 | 132     | 30:05.8 | 141      | 1:40:00.6 |         |  |         |  |
| 65     | 7     | 126     | 71      | F   | Women 45-49    | Ellen Knight       | Cape Elizabeth  | ME    | 08:24.3  | 62         | 1:02:40.1 | 147     | 41:14.1 | 166      | 1:52:18.5 |         |  |         |  |
| 66     | 8     | 127     | 145     | F   | Women 45-49    | M.C. Williamson    | Yarmouth        | ME    | 13:48.9  | 129        | 1:05:00.8 | 151     | 34:02.0 | 154      | 1:52:51.7 |         |  |         |  |
|        |       |         | 41      | F   | Women 45-49    | Abigail Diggins    | Yarmouth        | ME    | #N/A     |            | #N/A      |         | #N/A    |          | DNS       |         |  |         |  |
| 14     | 1     | 57      | 12      | F   | Women 50-54    | Heidi Alpern       | Cape Elizabeth  | ME    | 10:25.8  | 115        | 0:50:33.0 | 69      | 23:46.8 | 63       | 1:24:45.6 |         |  |         |  |
| 30     | 2     | 85      | 98      | F   | Women 50-54    | Patty Medina       | Cape Elizabeth  | ME    | 08:04.2  | 49         | 0:55:56.3 | 112     | 27:18.7 | 110      | 1:31:19.2 |         |  |         |  |
| 42     | 3     | 102     | 68      | F   | Women 50-54    | marianne jordan    | brunswick       | ME    | 08:30.0  | 67         | 1:00:23.5 | 139     | 29:27.3 | 130      | 1:38:20.7 |         |  |         |  |
| 50     | 4     | 110     | 17      | F   | Women 50-54    | Wendy Toothaker    | Cape Elizabeth  | ME    | 09:55.8  | 102        | 1:00:15.2 | 137     | 29:54.6 | 140      | 1:40:05.6 |         |  |         |  |
| 51     | 5     | 111     | 103     | F   | Women 50-54    | Jane Moriarty      | Cumberland      | ME    | 08:11.6  | 53         | 1:00:24.1 | 140     | 32:13.6 | 147      | 1:40:49.3 |         |  |         |  |
| 57     | 6     | 117     | 56      | F   | Women 50-54    | Denise Gloekler    | Bow             | NH    | 10:54.8  | 118        | 1:01:42.9 | 143     | 32:32.7 | 148      | 1:45:10.4 |         |  |         |  |
| 60     | 7     | 121     | 22      | F   | Women 50-54    | Marie Brown        | Freeport        | ME    | 11:04.8  | 120        | 1:05:10.9 | 152     | 32:41.1 | 149      | 1:48:56.8 |         |  |         |  |
| 63     | 8     | 124     | 85      | F   | Women 50-54    | Sabrina Loring     | South Portland  | ME    | 15:35.1  | 131        | 1:01:15.6 | 142     | 34:28.4 | 157      | 1:51:19.1 |         |  |         |  |
| 64     | 9     | 125     | 75      | F   | Women 50-54    | Connie Lannon      | Falmouth        | ME    | 08:18.4  | 58         | 1:11:09.8 | 163     | 32:41.1 | 150      | 1:52:09.2 |         |  |         |  |
| 67     | 1     | 128     | 48      | F   | Women 55-59    | Rosemary Fowles    | Washington      | ME    | 12:18.3  | 126        | 1:14:10.0 | 166     | 30:55.6 | 146      | 1:57:23.8 |         |  |         |  |
| 11     | 1     | 19      | 15      | M   | Men 19 & Under | Davis Backer       | Cape Elizabeth  | ME    | 07:15.1  | 24         | 0:45:30.0 | 32      | 18:44.1 | 7        | 1:11:29.1 |         |  |         |  |
| 45     | 2     | 94      | 92      | M   | Men 19 & Under | Ian McInerney      | Cape Elizabeth  | ME    | 09:32.9  | 94         | 0:59:34.5 | 134     | 25:59.0 | 94       | 1:35:06.4 |         |  |         |  |
| 4      | 1     | 6       | 66      | M   | Men 20-24      | Daniel Jackson     | Cape Elizabeth  | ME    | 05:14.8  | 1          | 0:40:20.0 | 15      | 18:22.1 | 5        | 1:03:56.9 |         |  |         |  |
| 44     | 2     | 92      | 78      | M   | Men 20-24      | Patrick Leahy      | Portland        | ME    | 08:26.8  | 64         | 0:55:09.2 | 106     | 29:42.9 | 136      | 1:33:18.9 |         |  |         |  |
|        |       |         | 44      | M   | Men 20-24      | James Favreau Jr   | Brunswick       | ME    | #N/A     |            | #N/A      |         | #N/A    |          | DNS       |         |  |         |  |
| 30     | 1     | 53      | 104     | M   | Men 25-29      | Corey Murphy       | Gorham          | ME    | 10:16.3  | 111        | 0:52:28.0 | 87      | 21:15.5 | 30       | 1:23:59.8 |         |  |         |  |
| 5      | 1     | 7       | 33      | M   | Men 30-34      | Damien Colfer      | Newmarket       | NH    | 07:40.5  | 37         | 0:37:03.5 | 4       | 19:20.8 | 11       | 1:04:04.8 |         |  |         |  |
| 8      | 2     | 15      | 83      | M   | Men 30-34      | Brian Livingston   | Cape Elizabeth  | ME    | 06:08.4  | 8          | 0:42:12.5 | 19      | 21:01.8 | 24       | 1:09:22.7 |         |  |         |  |

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|-----------------|-------|------------------|-----|-----|-----------|--------------------|-----------------|-------|----------|--------------------|-----------|------------------|----------|-----------|-----------|
|                 |       |                  |     |     |           |                    |                 |       | TIME     | SWIM<br>/DUA PLACE | TIME      | BICYCLE<br>PLACE | RUN TIME | RUN PLACE | TIME      |
| 13              | 3     | 21               | 31  | M   | Men 30-34 | Kenneth Clebak     | Portsmouth      | NH    | 08:20.9  | 59                 | 0:42:48.6 | 21               | 21:12.0  | 29        | 1:12:21.5 |
| 16              | 4     | 25               | 24  | M   | Men 30-34 | Chris Callan       | Portland        | ME    | 06:27.3  | 13                 | 0:46:03.2 | 35               | 22:43.1  | 46        | 1:15:13.6 |
| 21              | 5     | 35               | 39  | M   | Men 30-34 | Alan DeGeorge      | Cape Elizabeth  | ME    | 09:14.3  | 87                 | 0:47:23.6 | 46               | 21:45.2  | 35        | 1:18:23.1 |
| 26              | 6     | 46               | 77  | M   | Men 30-34 | JAMES LAWLOR       | SOUTH PORTLAND  | ME    | 08:45.3  | 74                 | 0:50:39.5 | 71               | 23:16.7  | 58        | 1:22:41.5 |
| 29              | 7     | 50               | 23  | M   | Men 30-34 | Jason Burtchell    | Auburn          | ME    | 08:06.6  | 50                 | 0:49:47.7 | 63               | 25:52.9  | 92        | 1:23:47.2 |
| 33              | 8     | 62               | 138 | M   | Men 30-34 | Colby Wallace      | South Portland  | ME    | 09:56.2  | 103                | 0:50:09.1 | 67               | 25:45.1  | 90        | 1:25:50.5 |
| 37              | 9     | 72               | 132 | M   | Men 30-34 | Malcolm Toon       | Cape Elizabeth  | ME    | 10:18.7  | 112                | 0:51:13.1 | 75               | 27:12.9  | 108       | 1:28:44.7 |
| 46              | 10    | 96               | 127 | M   | Men 30-34 | Steve Stinson      | South Portland  | ME    | 15:08.3  | 130                | 0:57:13.4 | 121              | 23:58.9  | 67        | 1:36:20.6 |
|                 |       |                  | 54  | M   | Men 30-34 | Matthew Geary      | Cape Elizabeth  | ME    | #N/A     |                    | #N/A      |                  | #N/A     |           | DNS       |
| 1               | 1     | 1                | 109 | M   | Men 35-39 | Kurt Perham        | brunswick       | ME    | 06:05.5  | 7                  | 0:35:36.1 | 2                | 17:51.8  | 4         | 0:59:33.5 |
| 2               | 2     | 2                | 102 | M   | Men 35-39 | Don Mills          | Exeter          | NH    | 06:16.3  | 10                 | 0:36:23.8 | 3                | 17:38.8  | 3         | 1:00:18.8 |
| 3               | 3     | 4                | 131 | M   | Men 35-39 | Steven Tenney      | Falmouth        | ME    | 05:24.3  | 2                  | 0:38:13.1 | 5                | 19:19.1  | 10        | 1:02:56.5 |
| 7               | 4     | 13               | 141 | M   | Men 35-39 | David Weatherbie   | Cape Elizabeth  | ME    | 06:38.5  | 18                 | 0:43:15.8 | 24               | 17:32.8  | 2         | 1:07:27.1 |
| 15              | 5     | 24               | 50  | M   | Men 35-39 | Michael Friedland  | South Portland  | ME    | 07:34.0  | 33                 | 0:46:46.1 | 40               | 20:39.0  | 21        | 1:14:59.0 |
| 18              | 6     | 30               | 107 | M   | Men 35-39 | Chris Parsons      | Old orchard bea | ME    | 08:24.3  | 63                 | 0:47:13.0 | 44               | 21:26.6  | 33        | 1:17:03.9 |
| 19              | 7     | 31               | 136 | M   | Men 35-39 | Chris Volan        | scarborough     | ME    | 07:55.0  | 44                 | 0:46:59.4 | 43               | 22:38.5  | 45        | 1:17:32.9 |
| 23              | 8     | 41               | 124 | M   | Men 35-39 | Cory Snow          | Portland        | ME    | 08:53.1  | 78                 | 0:49:34.3 | 60               | 23:02.0  | 50        | 1:21:29.4 |
| 31              | 9     | 54               | 26  | M   | Men 35-39 | Jeff Carruthers    | Boston          | MA    | 10:10.5  | 108                | 0:49:10.0 | 57               | 24:48.6  | 76        | 1:24:09.1 |
| 40              | 10    | 77               | 79  | M   | Men 35-39 | Justin LeBlanc     | South Portland  | ME    | 08:42.4  | 73                 | #N/A      |                  | #N/A     |           | 1:29:26.1 |
| 43              | 11    | 87               | 137 | M   | Men 35-39 | Mark Walczak       | Amherst         | NH    | 08:58.5  | 81                 | 0:50:06.1 | 66               | 33:01.5  | 151       | 1:32:06.1 |
| 47              | 12    | 130              | 96  | M   | Men 35-39 | robert mckillop    | scarborough     | ME    | 08:47.3  | 75                 | 1:24:37.0 | 168              | 25:31.0  | 87        | 1:58:55.4 |
|                 |       |                  | 43  | M   | Men 35-39 | Rick Donald        | Freeport        | ME    | #N/A     |                    | #N/A      |                  | #N/A     |           | DNS       |
|                 |       |                  | 108 | M   | Men 35-39 | Dean Penny         | Brentwood       | NH    | #N/A     |                    | #N/A      |                  | #N/A     |           | DNS       |
|                 |       |                  | 143 | M   | Men 35-39 | Kurt Whited        | South Portland  | ME    | #N/A     |                    | #N/A      |                  | #N/A     |           | DNS       |
| 24              | 1     | 44               | 14  | M   | Men 40-44 | John Arsenault Jr. | Scarborough     | ME    | 09:39.1  | 98                 | 0:51:00.0 | 74               | 21:43.4  | 34        | 1:22:22.5 |
| 28              | 2     | 49               | 74  | M   | Men 40-44 | Andrew Landes      | Cape Elizabeth  | ME    | 09:28.2  | 92                 | 0:50:56.2 | 73               | 23:21.1  | 59        | 1:23:45.4 |
| 22              | 1     | 71               | 95  | F   | Men 40-44 | Dan McKeown        | Scarborough     | ME    | 10:15.9  | 110                | 0:52:22.7 | 85               | 25:26.4  | 86        | 1:28:05.0 |
| 38              | 3     | 73               | 62  | M   | Men 40-44 | Marc Hofley        | Bow             | NH    | 08:18.3  | 57                 | 0:56:16.5 | 114              | 24:10.9  | 69        | 1:28:45.8 |
| 41              | 4     | 78               | 122 | M   | Men 40-44 | Jeffry Simonton    | Scarborough     | ME    | 10:19.7  | 114                | 0:57:13.4 | 120              | 22:22.6  | 42        | 1:29:55.8 |
| 42              | 5     | 86               | 25  | M   | Men 40-44 | John Cameron       | Falmouth        | ME    | 08:36.6  | 71                 | 0:53:01.8 | 90               | 30:16.6  | 143       | 1:31:54.9 |
|                 |       |                  | 76  | M   | Men 40-44 | Tom Laprade        | Cape Elizabeth  | ME    | #N/A     |                    | #N/A      |                  | #N/A     |           | DNS       |
|                 |       |                  | 101 | M   | Men 40-44 | matt merrifield    | moody           | ME    | #N/A     |                    | #N/A      |                  | #N/A     |           | DNS       |
| 6               | 1     | 8                | 123 | M   | Men 45-49 | Rob Smith          | Cumberland      | ME    | 05:45.9  | 6                  | 0:38:49.1 | 8                | 19:43.6  | 14        | 1:04:18.6 |
| 9               | 2     | 16               | 112 | M   | Men 45-49 | Nick Ramharter     | Bethel          | ME    | 06:48.7  | 22                 | 0:43:53.0 | 26               | 18:58.0  | 9         | 1:09:39.6 |
| 12              | 3     | 20               | 100 | M   | Men 45-49 | Charles Melton     | Biddeford       | ME    | 08:38.8  | 72                 | 0:42:53.3 | 23               | 20:22.3  | 17        | 1:11:54.4 |
| 14              | 4     | 22               | 81  | M   | Men 45-49 | Paul Lennon        | Cape Elizabeth  | ME    | 07:38.0  | 35                 | 0:45:39.2 | 34               | 20:50.4  | 22        | 1:14:07.6 |
| 20              | 5     | 33               | 134 | M   | Men 45-49 | Tom Vaughan        | Cape Elizabeth  | ME    | 08:04.0  | 48                 | 0:48:48.2 | 51               | 21:05.3  | 25        | 1:17:57.5 |
| 22              | 6     | 40               | 93  | M   | Men 45-49 | Tom McInerney      | Cape Elizabeth  | ME    | 08:21.5  | 60                 | 0:49:53.4 | 64               | 23:09.4  | 54        | 1:21:24.3 |
| 35              | 7     | 65               | 129 | M   | Men 45-49 | Michael Takach     | Cape Elizabeth  | ME    | 08:13.4  | 55                 | 0:54:36.3 | 104              | 24:17.0  | 72        | 1:27:06.7 |
| 36              | 8     | 67               | 120 | M   | Men 45-49 | edward rowe        | so. portland    | ME    | 09:24.6  | 89                 | 0:51:35.5 | 77               | 26:36.4  | 101       | 1:27:36.5 |
|                 |       |                  | 36  | M   | Men 45-49 | Mark Cronin        | Gray            | ME    | #N/A     |                    | #N/A      |                  | #N/A     |           | DNS       |
|                 |       |                  | 89  | M   | Men 45-49 | Chris McGinn       | Cape Elizabeth  | ME    | #N/A     |                    | #N/A      |                  | #N/A     |           | DNS       |
| 10              | 1     | 17               | 106 | M   | Men 50-54 | Paul Niehoff       | Westbrook       | ME    | 08:30.4  | 68                 | 0:39:13.9 | 10               | 22:13.8  | 39        | 1:09:58.1 |
| 25              | 2     | 45               | 72  | M   | Men 50-54 | Wayne Komulainen   | Scarborough     | ME    | 10:57.2  | 119                | 0:47:17.9 | 45               | 24:12.8  | 70        | 1:22:27.9 |

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# CAPE ELIZABETH LAND TRUST TRIATHLON 2007

Cape Elizabeth, Maine

September 30, 2007

## Triathlon Results by Class

| PLACE |     |         | BIB   | SEX | CLASS         | NAME             | HOMETOWN       | STATE | SWIM/DUA | SWIM<br>/DUA PLACE | BICYCLE   | BICYCLE<br>PLACE | RUN TIME | RUN PLACE | OVERALL   |
|-------|-----|---------|-------|-----|---------------|------------------|----------------|-------|----------|--------------------|-----------|------------------|----------|-----------|-----------|
| PLACE | IN  | OVERALL |       |     |               |                  |                |       | TIME     |                    | TIME      |                  |          |           | TIME      |
| IN    | SEX | CLASS   | PLACE | SEX | CLASS         | NAME             | HOMETOWN       | STATE | TIME     | SWIM<br>/DUA PLACE | TIME      | BICYCLE<br>PLACE | RUN TIME | RUN PLACE | TIME      |
| 27    | 3   | 47      | 86    | M   | Men 50-54     | Dave Marchese    |                |       | 09:00.3  | 82                 | 0:48:56.6 | 55               | 25:19.6  | 84        | 1:23:16.5 |
| 32    | 4   | 59      | 57    | M   | Men 50-54     | Kenneth Gray     | cape elizabeth | ME    | 07:45.2  | 41                 | 0:52:14.2 | 83               | 25:10.8  | 82        | 1:25:10.3 |
| 34    | 5   | 63      | 16    | M   | Men 50-54     | Gerry Baldacci   | Bangor         | ME    | 09:10.0  | 86                 | #N/A      |                  | #N/A     |           | 1:26:39.2 |
| 17    | 1   | 28      | 125   | M   | Men 55-59     | Robert Stier     | Cape Elizabeth | ME    | 08:13.8  | 56                 | 0:45:30.7 | 33               | 22:17.6  | 41        | 1:16:02.1 |
|       |     |         | 121   | M   | Men 55-59     | albert shiely    | flower mound   | TX    | #N/A     |                    | #N/A      |                  | #N/A     |           | DNS       |
| 39    | 1   | 76      | 148   | M   | Men 60 & Over | Wright Tom       |                |       | 09:33.2  | 96                 | 0:52:14.1 | 82               | 27:30.0  | 111       | 1:29:17.4 |
| 3     | 1   | 9       | 64    |     | Relay         | Mary Holt        | Westwood       | MA    | 05:40.7  | 4                  | 0:39:25.2 | 11               | 20:55.3  | 23        | 1:06:01.1 |
| 7     | 2   | 23      | 90    |     | Relay         | Julian McGinn    | Cape Elizabeth | ME    | 05:42.8  | 5                  | 0:48:55.6 | 54               | 19:41.3  | 13        | 1:14:19.7 |
| 8     | 3   | 34      | 38    |     | Relay         | Bob Danielson    | Cape elizabeth | ME    | 07:42.6  | 38                 | 0:48:59.6 | 56               | 21:25.0  | 32        | 1:18:07.2 |
| 10    | 4   | 39      | 94    |     | Relay         | Lori McKeown     | Scarborough    | ME    | 11:16.7  | 122                | 0:44:05.0 | 27               | 25:23.2  | 85        | 1:20:44.9 |
| 12    | 5   | 55      | 37    |     | Relay         | Chris Crovo      | Scarborough    | ME    | 06:45.7  | 20                 | 0:52:26.2 | 86               | 25:08.1  | 81        | 1:24:20.0 |
| 13    | 6   | 66      | 45    |     | Relay         | Allison Fischang | Oakland        | ME    | 07:21.3  | 28                 | 0:51:31.9 | 76               | 28:26.5  | 124       | 1:27:19.6 |
| 14    | 7   | 75      | 118   |     | Relay         | Sanford Roberts  | Portsmouth     | NH    | 09:02.7  | 84                 | 0:54:18.9 | 102              | 25:55.7  | 93        | 1:29:17.3 |
| 15    | 8   | 118     | 144   |     | Relay         | Marci Wilde      | Brunswick      | ME    | 07:27.0  | 32                 | 0:58:08.7 | 124              | 41:07.8  | 165       | 1:46:43.5 |

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