

Stoaked - Xterra Course  
 Hanover, NH August 7, 2011  
 Timing & Results by All Sports Events  
 www.allsportsevents.com  
 Overall Results

Pl	Bib	Name	City	St	Class	Swim	Bike	Run	Total
<b>Women</b>									
1	165	Tamara Donelson	Edwards	CO	Women 35-39	22:24.5 (1)	1:21:16.3 (1)	37:43.2 (1)	2:21:24
2	162	Kathleen Lysakowski	Ware	MA	Women 25-29	20:50.2 (1)	1:34:08.8 (1)	38:16.6 (1)	2:33:15
3	152	Emily Curly			Women 19 and	24:05.3 (1)	1:32:02.2 (1)	40:36.9 (1)	2:36:44
4	146	Stephanie Landy	Ballsblon Spa	NY	Women 50-54	24:10.5 (1)	1:35:12.4 (1)	41:12.6 (1)	2:40:35
5	159	Caroline Boily	Laterrière	QC	Women 40-44	27:59.4 (2)	1:35:31.0 (1)	40:11.5 (1)	2:43:42
6	136	Courtney Kaup	Bolton Valley	VT	Women 30-34	22:26.7 (1)	1:53:07.6 (1)	39:11.7 (1)	2:54:46
7	120	Celeste St. Pierre	Lincoln	NH	Women 45-49	20:32.5 (1)	1:54:26.0 (1)	42:06.7 (1)	2:57:05
8	155	Annette MacNiven			Women 50-54	25:19.0 (2)	1:48:23.5 (2)	50:48.3 (2)	3:04:30
9	133	Christine Muchard	Newton	MA	Women 35-39	24:47.1 (2)	1:52:21.1 (2)	50:02.3 (3)	3:07:10
10	140	Clara Gordon	Salem	MA	Women 25-29	25:15.7 (2)	1:57:24.9 (2)	50:10.3 (2)	3:12:50
11	196	Vianna Zimbel			Women 55-59	31:20.2 (1)	1:58:30.4 (1)	49:05.3 (1)	3:18:56
12	132	Kimberly Likosky	White River Jun	VT	Women 35-39	25:21.8 (3)	2:09:56.4 (3)	49:37.8 (2)	3:24:56
13	147	Teresa Hoffman			Women 40-44	25:55.4 (1)	2:05:22.1 (2)	53:51.7 (2)	3:25:09
14	167	Linda Usher	Upton	MA	Women 60-64	35:19.4 (1)	2:11:42.4 (1)	54:35.1 (1)	3:41:36
15	128	Jennifer Seggel	Hingham	MA	Women 30-34	26:46.9 (2)	2:21:37.6 (2)	1:07:43.3 (2)	3:56:07
	123	Sallythomas Rhatigan	Norfolk	VA	Women 30-34				
	101	Heather Wentworth	Portsmouth	NH	Women 35-39				
	157	Marne Onderdonk	Saratoga Spring	NY	Women 40-44				
<b>Men</b>									
1	201	Brian Hughes			Men 30-34	23:22.2 (5)	1:11:26.9 (2)	33:47.7 (1)	2:08:36
2	174	John Peterson	Easton	MA	Men 30-34	26:33.2 (8)	1:08:24.4 (1)	33:51.7 (2)	2:08:49
3	185	Travis Voyer	Jericho	VT	Men 30-34	24:25.3 (6)	1:11:51.3 (3)	35:45.8 (4)	2:12:02
4	113	Rob Ricard	Berwick	ME	Men 35-39	20:14.6 (2)	1:23:22.7 (3)	30:27.6 (1)	2:14:05
5	172	Jim Allott	Potsdam	NY	Men 50-54	24:00.7 (1)	1:18:26.0 (1)	32:50.4 (1)	2:15:17
6	170	Dave Sousa	Brockton	MA	Men 45-49	19:07.8 (2)	1:17:42.5 (2)	39:13.1 (2)	2:16:03
7	186	Chris Cover	richmond	VT	Men 45-49	25:35.0 (7)	1:15:58.3 (1)	35:32.5 (1)	2:17:05
8	184	Joe Pawlish	Haverford	PA	Men 35-39	21:43.5 (5)	1:20:48.7 (1)	35:03.7 (4)	2:17:36
9	177	Dylan Grald	Randolph Center	VT	Men 20-24	22:06.0 (3)	1:25:11.2 (2)	32:07.6 (1)	2:19:24
10	103	Christopher Page	Cambridge	MA	Men 25-29	20:46.6 (4)	1:22:22.2 (1)	37:22.7 (2)	2:20:31
11	175	Trevor Powers	Newport	RI	Men 30-34	22:38.0 (3)	1:19:45.4 (4)	38:37.5 (5)	2:21:01
12	198	Henk De Feyter			Men 35-39	23:42.0 (7)	1:21:59.0 (2)	36:50.9 (6)	2:22:32
13	150	Albert Fabrizio	Hanover	MA	Men 35-39	22:52.3 (6)	1:24:08.5 (4)	35:41.5 (5)	2:22:42
14	130	Matthew Hallowell	Boulder	CO	Men 25-29	17:34.2 (2)	1:25:08.1 (2)	40:35.9 (4)	2:23:18
15	163	Greg Indruk	Nashua	NH	Men 30-34	24:27.0 (7)	1:23:49.3 (5)	35:18.7 (3)	2:23:35
16	144	Drew Hess	New Haven	CT	Men 25-29	20:09.2 (3)	1:25:29.1 (3)	39:43.7 (3)	2:25:22

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17	192	Ken Robins			Men 45-49	20:35.6 (3)	1:24:12.0 (3)	42:11.0 (3)	2:26:58
18	193	Steve Chaisson			Men 40-44	22:43.8 (3)	1:29:38.3 (1)	37:07.2 (3)	2:29:29
19	110	Tad Norton	Warrensburg	NY	Men 45-49	21:39.3 (4)	1:26:03.3 (4)	42:58.2 (4)	2:30:40
20	195	Spencer Hallowell			Men 20-24	17:08.1 (1)	1:35:09.4 (3)	38:30.1 (3)	2:30:47
21	204	Mike Holmes			Men 25-29	24:53.2 (8)	1:28:46.3 (4)	37:17.8 (1)	2:30:57
22	197	Jon Arellano			Men 40-44	22:39.9 (2)	1:34:02.0 (5)	35:29.5 (1)	2:32:11
23	169	Rick Evans	Bradford	VT	Men 35-39	28:23.0 (16)	1:29:45.5 (6)	34:07.8 (3)	2:32:16
24	143	Andy Hardy	Medford	MA	Men 30-34	22:45.8 (4)	1:30:55.9 (6)	38:45.8 (6)	2:32:27
25	106	Brian McGowan	Wrentham	MA	Men 40-44	25:49.9 (9)	1:31:45.2 (2)	35:46.3 (2)	2:33:21
26	164	Ian King	New London	CT	Men 20-24	18:26.8 (2)	1:37:44.0 (5)	37:21.8 (2)	2:33:32
27	126	Matt Trueheart	New Haven	VT	Men 20-24	32:12.8 (7)	1:22:48.6 (1)	38:46.6 (4)	2:33:48
28	156	Paul Rhodes	Concord	NH	Men 35-39	25:42.0 (12)	1:25:42.8 (5)	43:01.4 (12)	2:34:26
29	191	Nathan Chubet	Plantsville	CT	Men 35-39	18:59.1 (1)	1:36:36.4 (9)	39:19.3 (8)	2:34:54
30	124	James Hughes	Boylston	MA	Men 35-39	24:18.2 (8)	1:33:43.4 (8)	38:27.7 (7)	2:36:29
31	200	Michael Chase			Men 40-44	23:55.4 (5)	1:33:27.0 (4)	39:44.1 (4)	2:37:06
32	108	Alex Turner	Lakeville	MA	Men 19 and Un	18:47.3 (1)	1:32:30.7 (1)	46:54.1 (1)	2:38:12
33	148	Peter Barrett	Pownal	ME	Men 50-54	24:22.0 (2)	1:33:59.3 (2)	39:55.0 (2)	2:38:16
34	142	Jason Weber	Webster	NY	Men 35-39	21:13.4 (4)	1:33:05.0 (7)	45:56.7 (14)	2:40:15
35	134	Derek Munn	Newton	MA	Men 40-44	22:55.8 (4)	1:32:24.3 (3)	45:47.7 (8)	2:41:07
36	188	Martin Choquette	Exeter	NH	Men 40-44	21:06.0 (1)	1:37:18.1 (7)	46:29.1 (9)	2:44:53
37	153	Michael Brosnan	Exeter	NH	Men 55-59	20:44.0 (1)	1:42:07.0 (1)	43:42.2 (1)	2:46:33
38	183	Evan McGerald	Ridgefield	CT	Men 35-39	27:18.5 (14)	1:39:44.6 (10)	39:33.2 (9)	2:46:36
39	190	Jeff Lukach	Newmarket	NH	Men 20-24	27:51.4 (6)	1:35:31.7 (4)	45:10.2 (6)	2:48:33
40	127	Aaron Eckstein	East Falmouth	MA	Men 25-29	17:26.2 (1)	1:46:14.1 (7)	44:53.7 (5)	2:48:34
41	161	Nathan Allen	Westbrook	ME	Men 35-39	27:38.0 (15)	1:41:24.7 (11)	40:26.0 (10)	2:49:28
42	199	Sean Snow			Men 45-49	19:01.5 (1)	1:44:19.6 (5)	47:15.9 (8)	2:50:37
43	118	Nicholas Litchfield	Mashpee	MA	Men 25-29	22:00.7 (7)	1:41:36.9 (5)	47:39.6 (7)	2:51:17
44	202	Chris Poulos			Men 35-39	20:57.3 (3)	1:57:01.9 (16)	34:02.1 (2)	2:52:01
45	112	Jeff Salmeri	south easton	MA	Men 35-39	24:57.5 (9)	1:46:14.9 (14)	41:16.8 (11)	2:52:29
46	181	Graham Powers	Middletown	RI	Men 30-34	22:34.3 (2)	1:50:46.3 (8)	41:38.6 (7)	2:54:59
47	137	Chris Koppang	Reston	VA	Men 40-44	30:32.3 (13)	1:35:50.8 (6)	49:39.7 (13)	2:56:02
48	109	Michael Posanka	Boxford	MA	Men 35-39	29:18.9 (17)	1:42:31.5 (12)	44:53.0 (13)	2:56:43
49	171	Dave Hanlon	Amherst	NH	Men 25-29	26:53.1 (9)	1:42:59.8 (6)	47:54.6 (8)	2:57:47
50	173	Paul Penaskovic	Bedford	NH	Men 40-44	24:45.0 (8)	1:46:21.2 (9)	46:45.0 (11)	2:57:51
51	102	John Abrahamsen	W. Windsor	VT	Men 40-44	30:21.6 (12)	1:38:37.6 (8)	49:10.9 (12)	2:58:10
52	187	Shawn Nugent	Kingston	MA	Men 35-39	25:00.4 (10)	1:45:02.2 (13)	48:21.8 (15)	2:58:24
53	182	Peter Glenshaw	Lyme	NH	Men 45-49	25:31.1 (6)	1:49:21.1 (6)	45:04.0 (5)	2:59:56
54	119	Armand Girouard	Plymouth	NH	Men 40-44	26:22.6 (10)	1:49:50.3 (10)	46:39.4 (10)	3:02:52

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55	131	Edward Eads	Hingham	MA	Men 35-39	25:38.8 (11)	1:49:53.2 (15)	50:19.0 (16)	3:05:51
56	154	Michael Rivet	portsmouth	NH	Men 30-34	29:52.8 (9)	1:49:47.8 (7)	46:26.8 (8)	3:06:07
57	168	Douglas Usher	Upton	MA	Men 55-59	30:56.3 (2)	1:49:28.9 (2)	46:08.7 (2)	3:06:34
58	111	Christopher Borgatti	Byfield	MA	Men 30-34	18:21.4 (1)	2:00:51.8 (9)	48:39.3 (9)	3:07:52
59	121	Gregg Field	E Greenwich	RI	Men 45-49	22:28.4 (5)	2:03:13.8 (8)	46:37.2 (7)	3:12:19
60	135	Michael Koppang	Holden	MA	Men 40-44	24:38.7 (7)	2:03:43.2 (11)	44:48.1 (7)	3:13:10
61	179	Russell Clark	Scotia	NY	Men 60-64	28:33.8 (2)	1:57:12.1 (1)	48:01.6 (1)	3:13:47
62	117	Bob Goyette	Durham	NH	Men 45-49	28:13.8 (8)	2:00:24.5 (7)	46:06.7 (6)	3:14:45
63	138	Michael Heximer	east falmouth	MA	Men 25-29	21:03.8 (5)	1:57:07.4 (8)	56:57.0 (9)	3:15:08
64	194	Evan Carlson			Men 19 and Un	27:13.9 (2)	2:03:09.8 (2)	47:17.6 (2)	3:17:41
65	107	Guido Hartray	New York	NY	Men 40-44	24:15.2 (6)	2:09:59.5 (13)	44:18.9 (6)	3:18:33
66	203	Chris Hanson			Men 20-24	27:23.8 (5)	2:09:50.2 (6)	41:47.1 (5)	3:19:01
67	105	Richard Rouhe	New York	NY	Men 40-44	29:48.3 (11)	2:06:08.9 (12)	44:17.1 (5)	3:20:14
68	151	Joshua Gelfand	Somerville	MA	Men 25-29	28:07.1 (10)	2:08:54.2 (9)	46:55.3 (6)	3:23:56
69	180	Stuart Christie	Dedham	MA	Men 65-69	29:54.6 (1)	1:55:22.0 (1)	1:04:40.1 (1)	3:29:56
70	176	James Wood	Beacon	NY	Men 55-59	37:40.3 (4)	2:01:10.8 (3)	55:44.8 (3)	3:34:36
71	125	Ryan Huebner	New London	CT	Men 20-24	27:08.5 (4)	2:15:13.3 (7)	53:55.3 (7)	3:36:17
72	158	Daniel Rose	Fairfield	CT	Men 60-64	25:13.7 (1)	2:08:03.4 (2)	1:04:01.2 (2)	3:37:18
73	178	Kenneth Leeper	Buzzards Bay	MA	Men 25-29	28:40.5 (11)	2:15:41.8 (10)	1:03:42.7 (10)	3:48:05
74	139	Nathaniel Grew			Men 70+	30:54.8 (1)	2:28:19.9 (1)	1:09:07.0 (1)	4:08:21
75	160	Richard Cromwell	Brunswick	ME	Men 65-69	31:49.2 (2)	2:32:07.4 (2)	1:05:02.7 (2)	4:08:59
	114	Johnathan Loudis	Latham	NY	Men 25-29	21:32.2 (6)			DNF
	141	David Gordon	Salem	MA	Men 30-34				DNF
	122	Timothy Rhatigan	Norfolk	VA	Men 30-34				
	129	Juston Manville	Richmond	CT	Men 35-39	25:57.7 (13)			DNF
	104	Joshua Coombs	Raymond	NH	Men 35-39				
	115	Jonathan Gilbert	Peabody	MA	Men 35-39				
	116	Jonathan Violette	Center Conway	NH	Men 35-39				
	166	Gabe Schuft			Men 35-39				
	189	Jonathan Malone	Boston	MA	Men 35-39				
	149	Karl Zaunbrecher	saranac lake	NY	Men 55-59	33:11.6 (3)			DNF
	145	Thomas Paquette	waltham	MA	Men 65-69				