

Polar Bear Triathlon / Duathlon
 Brunswick, Maine
 May 2, 2009

***** TRIATHLON AWARDS LIST *****

***** FEMALE OVERALL RESULTS *****

1	1	Catherine STERLING	33 Kents Hill	ME Team Nor easter	59:16.6
2	67	Angela BANCROFT	39 Paris	ME	1:00:46.2
3	122	Carrie MCCUSKER	40 Cape Elizabeth	ME Team Nor easter	1:02:05.3

***** MALE OVERALL RESULTS *****

1	85	Mike CAIAZZO	33 Westbrook	ME	52:36.6
2	76	Kurt PERHAM	38 Brunswick	ME Nor easter	55:00.7
3	94	Doug WELLING	30	ME Nor easter	56:40.4

Page 1

***** AGE DIVISION AWARDS *****

Number of records: 50

FEMALE AGE GROUP: 1 - 19

1	69	Tamara Perreault	19 Brunswick	ME	6:54	1:06	38:06	0:36	24:56	1:11:36.0
2	383	Erin HATTON	19 Brunswick	ME	7:56	1:57	39:40	1:22	22:58	1:13:50.2
3	97	Catherine JOHNSTON	19 Brunswick	ME	7:22	2:35	44:36	0:34	26:17	1:21:22.1

MALE AGE GROUP: 1 - 19

1	105	Kean MCDERMOTT	18 Bath	ME	8:27	1:28	35:13	0:24	22:25	1:07:54.8
2	312	Patrick ENGLEHARDT	19 Fayette	ME	9:37	1:03	32:53	0:42	25:33	1:09:48.0
3	22	Robbie JOHNSON	16 Freeport	ME	6:47	0:47	35:49	0:50	27:19	1:11:30.1

FEMALE AGE GROUP: 20 - 24

1	106	Allison STEWART	23 Lexington	KY	7:58	1:20	32:06	0:38	23:22	1:05:21.2
2	334	Elizabeth BATTIN	23 Brunswick	ME	10:26	0:01	37:14	0:52	23:50	1:12:21.0
3	171	Maresa NIELSON	21 Brunswick	ME	10:28	1:16	36:19	0:45	25:55	1:14:40.3

MALE AGE GROUP: 20 - 24

1	70	Morgan MACLEOD	22 Orrs Island	ME	7:58	1:13	28:11	0:52	22:48	1:00:59.4
2	65	Blake WHEALE	23 Brunswick	ME	6:36	1:01	32:44	0:37	20:45	1:01:40.9
3	123	Luke SALVATO	20 Brunswick	ME	8:12	1:25	29:27	1:30	22:34	1:03:05.5

FEMALE AGE GROUP: 25 - 29

1	128	Elizabeth JACOBSON	29 North Yarmouth	ME	8:07	1:11	30:38	1:11	23:22	1:04:25.0
2	80	Jessie ELLISALCAIDE	25 Harpswell	ME	6:31	1:43	34:17	0:22	24:13	1:07:03.0
3	141	Amy VIARA	29 Brunswick	ME	9:27	1:09	33:53	1:09	25:09	1:10:44.3

MALE AGE GROUP: 25 - 29

1	139	Shawn BERRY	28 Caribou	ME	8:08	0:35	29:16	0:41	19:55	58:32.5
2	96	Jeremy HUCKINS	27 Lebanon	NH	8:25	0:45	29:33	0:48	19:34	59:03.8
3	366	Harris NAVELSKI	28 Falmouth	ME	9:09	0:49	28:00	0:39	24:41	1:03:16.1

FEMALE AGE GROUP: 30 - 34

1	1 Catherine STERLING	33 Kents Hill	ME	6:33	0:38	30:49	0:37	20:43	59:16.6
2	157 Ann FREEMAN	34 Portland	ME	7:31	0:46	31:44	0:41	21:44	1:02:24.1
3	130 Meghan BENNETT	32 Kents Hill	ME	9:01	0:40	33:57	0:44	22:51	1:07:10.4

MALE AGE GROUP: 30 - 34

1	85 Mike CAIAZZO	33 Westbrook	ME	7:07	0:40	27:10	0:36	17:06	52:36.6
2	94 Doug WELLING	30	ME	7:38	0:46	27:47	0:30	20:02	56:40.4
3	104 Brett HELLSTEDT	34 North Yarmouth	ME	7:54	1:00	28:38	0:41	20:05	58:14.9

FEMALE AGE GROUP: 35 - 39

1	67	Angela BANCROFT	39	Paris	ME	7:04	0:40	31:07	0:36	21:22	1:00:46.2
2	370	Nikki DRESSER	39	Cape Elizabeth	ME	10:07	0:48	32:52	0:34	22:40	1:06:58.5
3	386	Martha FANNING	39	Cape Elizabeth	ME	9:48	0:51	33:14	1:08	24:21	1:09:19.1

MALE AGE GROUP: 35 - 39

1	76	Kurt PERHAM	38	Brunswick	ME	8:00	0:37	26:55	0:32	19:00	55:00.7
2	75	Jeff SMALL	37	Scarborough	ME	6:34	1:01	31:17	0:36	21:42	1:01:07.9
3	132	Timothy KEENE	36	Portland	ME	8:32	0:49	29:46	0:39	22:02	1:01:45.7

FEMALE AGE GROUP: 40 - 44

1	122	Carrie MCCUSKER	40	Cape Elizabeth	ME	8:23	1:07	29:55	1:02	21:42	1:02:05.3
2	148	Erin BRENNAN	44	Portland	ME	8:28	0:55	30:13	0:52	21:56	1:02:21.8
3	204	Andrea COX	40	Haverhill	MA	9:19	0:56	30:27	0:35	21:45	1:02:59.4

MALE AGE GROUP: 40 - 44

1	83	Steven TENNEY	41	Falmouth	ME	6:51	0:39	29:12	0:36	20:51	58:06.5
2	155	Guillermo HERRERA	42	Brunswick	ME	8:26	0:36	29:27	0:46	21:19	1:00:32.1
3	149	Greg GOODHUE	44	Sidney	ME	9:07	0:53	30:34	0:41	19:36	1:00:47.8

FEMALE AGE GROUP: 45 - 49

1	267	Beryle MARTIN	47	Auburn	ME	12:07	1:22	32:59	1:21	24:40	1:12:26.1
2	387	Naira CHOKEL	47	Pepper Pike	OH	9:44	1:09	35:44	0:54	25:09	1:12:38.0
3	344	Renee BUNKER	45	Portland	ME	10:18	1:08	35:32	0:54	25:47	1:13:36.6

MALE AGE GROUP: 45 - 49

1	115	Robert FAST	47	Cumberland	ME	8:33	0:39	28:35	0:53	18:51	57:28.9
2	116	Jeff FISHER	47	Durham	ME	8:35	0:58	27:41	0:42	20:36	58:30.6
3	79	Stephen BARR	47	North Yarmouth	ME	7:22	1:04	31:45	0:53	21:49	1:02:51.0

FEMALE AGE GROUP: 50 - 54

1	153	Kim COLE	52	Kennebunk	ME	8:13	1:34	32:12	0:54	23:35	1:06:26.6
2	41	Kelcey REINA	50	Windham	ME	14:18	2:21	36:59	1:22	26:11	1:21:08.8
3	54	Nancy LEMIEUX	54	Brunswick	ME	10:13	1:18	40:30	1:19	28:52	1:22:09.8

MALE AGE GROUP: 50 - 54

1	306	Paul NIEHOFF	54	Portland	ME	10:37	1:42	28:53	0:53	25:09	1:07:11.9
2	304	Larry DREHER	54	Topsham	ME	10:49	0:59	31:22	0:46	23:32	1:07:25.8
3	117	Christian VAN DYCK	50	Brunswick	ME	8:00	1:49	33:37	1:07	23:26	1:07:56.9

FEMALE AGE GROUP: 55 - 59

1	150	Mary Lou Lowrie	58	New Gloucester	ME	9:29	1:18	30:46	1:01	26:40	1:09:12.6
2	359	Marianne JORDAN	56	Brunswick	ME	10:18	1:34	41:28	1:54	30:19	1:25:29.9
3	169	Sheila GRACE	59	Cape Elizabeth	ME	12:20	2:47	39:30	0:49	31:49	1:27:13.5

MALE AGE GROUP: 55 - 59

1	118	Eric DUNN	55	Yarmouth	ME	8:15	1:17	32:19	0:46	22:50	1:05:24.0
2	119	Chuck CHOKEL	56	Pepper Pike	OH	8:31	1:52	32:50	0:58	22:52	1:07:00.2
3	392	Roy NAKAMURA	55	Brunswick	ME	11:27	0:56	31:26	0:54	22:26	1:07:06.3

FEMALE AGE GROUP: 60 - 64

1	348	Gwendolyn O GUIN	60	South Portland	ME	13:21	3:49	35:00	3:04	33:14	1:28:25.3
2	55	Mari MIYA	60	Pownal	ME	17:54	3:43	48:31	1:19	38:07	1:49:32.2
MALE AGE GROUP: 60 - 64											
1	322	Todd SMITH	61	Kennedunk Port	ME	10:09	1:39	35:17	1:04	28:16	1:16:23.4
2	330	Robert BEAN	62	Mesquite	NV	10:06	2:25	36:19	1:53	26:41	1:17:21.1
3	21	Michael LINVILLE	62	Naples	ME	8:28	2:49	39:33	0:58	25:42	1:17:27.4
FEMALE AGE GROUP: 65 - 69											
1	251	Beth BIRCH	68	New Gloucester	ME	13:32	3:27	44:43	2:26	40:38	1:44:44.3
FEMALE AGE GROUP: 70 - 98											
1	170	Rika VAN WILLIGEN	71	Woolwich	ME	14:14	2:20	50:56	1:26	36:56	1:45:49.9