

Freeport Rotary Shaws Close to the Coast 5k/10K

Winslow Park, Freeport, Maine
June 19, 2004



Timing & Results by
ALL SPORTS EVENTS

EVENT MANAGEMENT AND TIMING SERVICES

REPORT : Overall Times

FEMALE 5K

Plc	Bib	Name	Class	Hometown	ID #	Time(Class Plc)	Pace
1	460	Marjorie Graff	F30	So. Portland ME		19:18.8 (1)	3:51
2	482	Susan Wiener	F30	Freeport ME		21:41.2 (2)	4:20
3	369	Caroline Jones	F19	Boothbay Hbr ME		21:58.3 (1)	4:23
4	489	Kayla Cummings	F19	Poland ME		22:09.4 (2)	4:25
5	303	Valerie Abradi	F40	Lisbon ME		22:32.4 (1)	4:30
6	436	Kirstie Wilkins	F30	Livermore Fl ME		22:36.9 (3)	4:31
7	339	Julianne Daley	F40	Boothbay Hbr ME		22:38.3 (2)	4:31
8	413	Gail Saldanha	F40	Scarborough ME		22:39.6 (3)	4:31
9	396	Getty Payson	F40	Falmouth ME		23:08.3 (4)	4:37
10	365	Bonnie Johnson	F14	Freeport ME		23:08.9 (1)	4:37
11	464	Rhonda Prime	F30	Freeport ME		23:41.3 (4)	4:44
12	485	Ali Gooding	F19	Poland ME		23:51.5 (3)	4:46
13	304	Heather Adams	F19	No Yarmouth ME		25:10.5 (4)	5:02
14	486	Nina Martin	F19	Poland ME		25:13.5 (5)	5:02
15	429	Tanya Watson	F30	So Portland ME		25:19.4 (5)	5:03
16	313	Heidi Bonderud	F19	Monmouth ME		25:31.2 (6)	5:06
17	358	Tammy Heathco	F30	Freeport ME		25:34.3 (6)	5:06
18	473	Cathi Burke	F40	S. China ME		26:15.7 (5)	5:15
19	490	Shibley Vogtritter	F19	Poland ME		26:42.9 (7)	5:20
20	474	Jessica Fredette	F20	S. China ME		26:51.8 (1)	5:22
21	400	Anne Picard	F30	Kennebunk ME		27:41.0 (7)	5:32
22	476	Jennifer Bonaventu	F20	Portland ME		28:12.9 (2)	5:38
23	370	Deborah Jones	F40	Boothbay Hbr ME		28:41.4 (6)	5:44
24	326	Lynne Burns	F40	Whitman MA		29:16.4 (7)	5:51
25	480	Lizzie Arnold	F20	Cape Eliz. ME		29:21.5 (3)	5:52
26	431	Kelly Wells	F20	Cumberland ME		29:39.2 (4)	5:55
27	399	Danielle Peterson	F20	Freeport ME		30:15.1 (5)	6:03
28	329	Sherry Chabot	F50	Livermore ME		30:23.8 (1)	6:04
29	412	Gina Rustad	F30	Yarmouth ME		30:43.5 (8)	6:08
30	430	Teresa Weeks	F20	Freeport ME		31:03.9 (6)	6:12
31	397	Marby Payson	F60	Falmouth ME		31:10.9 (1)	6:14
32	363	Jenifer James	F20	Brunswick ME		32:09.2 (7)	6:25
33	323	Lisa Bumgarde	F40	Bath ME		38:07.3 (8)	7:37
34	347	Virginia Dudley	F50	Brunswick ME		38:09.3 (2)	7:37

FEMALE 10K

Plc	Bib	Name	Class	Hometown	ID #	Time(Class Plc)	Pace
1	309	Emma Barclay	F20	Portland ME		41:37.0 (1)	4:09
2	384	Carrie McCusker	F30	Cape Elizabe ME		42:01.2 (1)	4:12
3	440	Kim White	F40	Falmouth ME		43:34.6 (1)	4:21
4	456	Caroline Newcomb	F20	Cape Eliz. ME		44:46.0 (2)	4:28
5	466	Ted Fodin	F40	Cape Eliz. ME		44:57.9 (2)	4:29
6	468	Sarah MacColl	F40	Cape Eliz. ME		44:58.0 (3)	4:29

7	312	Jen Blastow	F30	New Gloucest	ME	46:59.5	(2)	4:41
8	453	Martha Kelley	F40	Cape Eliz.	ME	47:18.0	(4)	4:43
9	493	Michelle Doherty	F30	Brunswick	ME	47:36.1	(3)	4:45
10	367	Liz Johnson	F40	Freeport	ME	47:53.0	(5)	4:47
11	360	Nancy Heiz	F30	Boston	MA	48:29.6	(4)	4:50
12	470	Stephanie McLarty	F20	Raymond	ME	49:26.6	(3)	4:56
13	458	Carrie Croft	F40	Cape Eliz.	ME	49:37.1	(6)	4:57
14	446	Mary Galarraga	F30	So. Portland	ME	50:24.6	(5)	5:02
15	402	Kerrie Poulin	F20	Lewiston	ME	50:39.4	(4)	5:03
16	338	Kristin CookCent	F30	Freeport	ME	50:54.8	(6)	5:05
17	478	Nancy Miller	F50	Brownfield	ME	51:09.6	(1)	5:06
18	471	Melissa Goodwin	F30	Yarmouth	ME	51:14.8	(7)	5:07
19	383	Karen Manson	F20	Portland	ME	52:15.0	(5)	5:13
20	375	Sandra King	F50	Freeport	ME	52:44.7	(2)	5:16
21	379	Karen Libby	F30	Cumberland	ME	53:01.1	(8)	5:18
22	394	Colleen Palkert	F30	Cumberland	ME	53:42.1	(9)	5:22
23	395	Diane Palkert	F30	Cumberland	ME	53:42.7	(10)	5:22
24	454	Claire Thompson	F30	Scarborough	ME	54:06.7	(11)	5:24
25	321	Barbara Buck	F40	Bath	ME	54:15.1	(7)	5:25
26	393	Christy Owens	F30	Freeport	ME	54:18.1	(12)	5:25
27	495	Rebecca Herzig	F30	Lewiston	ME	54:30.4	(13)	5:27
28	498	Nancy Smith	F40	Cape Eliz.	ME	55:09.8	(8)	5:30
29	425	Laura Tyrrell	F50	Cape Elizabe	ME	55:16.3	(3)	5:31
30	426	Theresa Wagner	F20	Portland	ME	55:40.2	(6)	5:34
31	311	Carol Blakeney	F40	Cumberland	ME	55:46.5	(9)	5:34
32	405	Lesley Raley	F30	N. Yarmouth	ME	56:11.2	(14)	5:37
33	387	Sherry Missig	F50	Yarmouth	ME	56:19.1	(4)	5:37
34	306	Tara Anderson	F20	Sabattus	ME	56:54.8	(7)	5:41
35	439	Beal Naomi	F30	Freeport	ME	57:59.2	(15)	5:47
36	361	Kelly Higgins	F20	Bath	ME	59:37.7	(8)	5:57
37	415	Paula Sawyer	F50	Concord	NH	59:47.8	(5)	5:58
38	373	Jacqueline Keith	F50	Franklin	NH	59:54.6	(6)	5:59
39	310	Donna Bisbee	F40	Portland	ME	1:01:41.8	(10)	6:10
40	419	Miranda Smith	F40	Harpswell	ME	1:01:56.6	(11)	6:11
41	500	Lynn Piere	F40	So. Freeport	ME	1:02:06.9	(12)	6:12
42	499	Anne Smith	F50	Freeport	ME	1:02:07.4	(7)	6:12
43	427	Sandra Walton	F30	Yarmouth	ME	1:04:54.9	(16)	6:29

MALE 5K

Plc	Bib	Name	Class	Hometown	ID #	Time (Class Plc)	Pace
1	442	Claton Conrad	M20	N. Yarmouth	ME	16:07.1 (1)	3:13
2	484	Dan Dearing	M40	Lisbon Falls	ME	17:03.6 (1)	3:24
3	465	Tom Ryan	M40	Cape Eliz.	ME	17:09.1 (2)	3:25
4	475	Larry Wold	M40	Freeport	ME	18:25.8 (3)	3:41
5	410	Chris Roney	M40	Freeport	ME	18:38.9 (4)	3:43
6	359	Andrew Heiz	M30	Boston	MA	19:08.2 (1)	3:49
7	307	Robert Ashley	M40	No Yarmouth	ME	19:22.9 (5)	3:52
8	462	Chris Salamone	M40	So. Portland	ME	19:24.9 (6)	3:52
9	488	Dan Gillespie	M19	Poland	ME	20:04.4 (1)	4:00
10	451	Sean Ireland	M30	Portland	ME	20:35.4 (2)	4:07
11	416	Daniel Simpson	M40	Standish	ME	20:42.3 (7)	4:08
12	301	Rick Abradi	M40	Lisbon	ME	20:58.1 (8)	4:11
13	447	Marlin Conrad	M50	N. Yarmouth	ME	21:06.0 (1)	4:13
14	487	Eric Larson	M19	Poland	ME	21:46.1 (2)	4:21
15	418	Harold Skelton	M40	Lewiston	ME	21:58.2 (9)	4:23
16	398	Clayton Peters	M50	So Portland	ME	22:30.0 (2)	4:30

17	491	Ryan Dautel	M19	Sparta	NJ	22:33.4	(3)	4:30
18	445	Stan Rosenfield	M50	San Luis Obi	CA	23:05.8	(3)	4:37
19	459	Greg Diehl	M40	Cumberland	ME	23:27.4	(10)	4:41
20	376	Roland LaVigne	M60	So Portland	ME	23:44.3	(1)	4:44
21	423	Jay Tobias	M30	Yarmouth	ME	23:51.4	(3)	4:46
22	443	Kevin Robinson	M40	Yarmouth	ME	23:58.5	(11)	4:47
23	325	Clinton Burns	M14	Whitman	MA	24:12.7	(1)	4:50
24	58	Philip Gleason	M50	Cumberland	ME	24:37.0	(4)	4:55
25	59	Saul Jamison	M19	Harpswell	ME	24:55.0	(4)	4:59
26	411	John Rothwell	M50	Brunswick	ME	25:03.0	(5)	5:00
27	479	Richard Johnson	M30	Windhaven	ME	25:17.6	(4)	5:03
28	377	Michael Layton	M40	Cape Elizabe	ME	25:54.7	(12)	5:10
29	305	Henry Aliberti	M50	Auburn	ME	26:01.6	(6)	5:12
30	346	Brent Dudley	M50	Brunswick	ME	26:13.2	(7)	5:14
31	337	Byron Cook	M50	Livermore	ME	26:19.0	(8)	5:15
32	320	Justin Buchanan	M14	Brunswick	ME	26:21.5	(2)	5:16
33	302	Ryan Abradi	M19	Lisbon	ME	27:13.9	(5)	5:26
34	417	Barry Singer	M40	Coral Spring	FL	27:47.0	(13)	5:33
35	368	Robbie Johnson	M14	Freeport	ME	28:11.9	(3)	5:38
36	322	Denton Bumgarde	M50	Bath	ME	28:36.2	(9)	5:43
37	461	Todd Lowe	M20	Brunswick	ME	28:49.1	(2)	5:45
38	355	Jeff Hanood	M30	Charlotte	NC	29:39.8	(5)	5:55
39	364	Gifford Jamison	M40	Harpswell	ME	29:43.8	(14)	5:56
40	388	Mason Morfit	M60	So Freeport	ME	30:30.5	(2)	6:06
41	63	Caleb Markt	M20	So. Freeport	ME	30:31.1	(3)	6:06
42	330	Michael Charbono	M30	Brunswick	ME	30:34.6	(6)	6:06
43	319	Jason Buchanan	M30	Brunswick	ME	33:01.6	(7)	6:36
44	448	Lennie Stack	M60	Westbrook	ME	34:19.6	(3)	6:51
45	344	Peter Dickson	M50	Freeport	ME	36:16.5	(10)	7:15

MALE 10K

Plc	Bib	Name	Class	Hometown	ID #	Time (Class Plc)	Pace
1	444	Mark Goettel	M30	Cumberland	ME	35:06.6 (1)	3:30
2	432	Stephen Wells	M30	Cumberland	ME	36:56.2 (2)	3:41
3	494	Mike Pratico	M30	Falmouth	ME	37:47.2 (3)	3:46
4	441	Kale Poland	M20	Turner	ME	39:44.1 (1)	3:58
5	357	Joe Heathco	M30	Freeport	ME	39:56.8 (4)	3:59
6	356	R.J. Harper	M50	Hallowell	ME	41:14.0 (1)	4:07
7	333	David Chiappetta	M40	Readfield	ME	41:18.7 (1)	4:07
8	391	Steve Moriarty	M50	Cumberland	ME	41:26.4 (2)	4:08
9	386	Tom Menendez	M50	Lewiston	ME	41:32.6 (3)	4:09
10	314	Mark Bonderud	M40	Monmouth	ME	41:45.1 (2)	4:10
11	62	Kurt Weber	M40	So. Freeport	ME	41:51.0 (3)	4:11
12	434	Peter West	M40	Wiscasset	ME	41:55.6 (4)	4:11
13	352	Kyle Jackson	M30	Lewiston	ME	42:19.5 (5)	4:13
14	54	Mark Panaccione	M40	Falmouth	ME	42:41.0 (5)	4:16
15	450	Paul Pietropaoli	M30	Yarmouth	ME	42:56.0 (6)	4:17
16	308	Charles Bacall	M40	Cumberland	ME	43:06.4 (6)	4:18
17	477	Paul Mollomo	M30	Portland	ME	43:09.7 (7)	4:18
18	452	Marcus Deck	M30	Brunswick	ME	43:11.7 (8)	4:19
19	382	John Manzer	M50	Belgrade	ME	43:18.6 (4)	4:19
20	472	Alan McGrath	M30	Portland	ME	43:20.4 (9)	4:20
21	449	John Sowerby	M30	So. Portland	ME	44:16.8 (10)	4:25
22	435	Harry White	M60	Scarborough	ME	44:30.1 (1)	4:27
23	469	Phil Vezina	M40	So. Portland	ME	45:00.2 (7)	4:30
24	414	Charles Sawyer	M60	Concord	NH	45:28.3 (2)	4:32

25	428	Jim Watson	M30	So Portland	ME	45:41.9	(11)	4:34
26	56	Zach Garver	M50	Bath	ME	46:00.1	(5)	4:36
27	457	Dan Hogan	M50	So. Portland	ME	46:06.3	(6)	4:36
28	409	Steve Rollins	M40	Bowdoinham	ME	46:06.9	(8)	4:36
29	492	Peter Child	M60	Freeport	ME	46:23.8	(3)	4:38
30	481	Nat Ford	M20	Knoxville	TN	46:34.8	(2)	4:39
31	353	Gregory Greuel	M30	Freeport	ME	46:41.8	(12)	4:40
32	385	Ted McEnroe	M30	Washington	DC	46:43.2	(13)	4:40
33	64	Mike Jutras	M40	Yarmouth	ME	47:51.2	(9)	4:47
34	354	Doug Hall	M30	Windham	ME	47:52.2	(14)	4:47
35	345	Todd Doolan	M40	So Freeport	ME	48:07.5	(10)	4:48
36	351	Jon Goodness	M30	Brewer	ME	48:09.2	(15)	4:48
37	420	Dana Staples	M20	Auburn	ME	48:33.5	(3)	4:51
38	483	Jeff Igoe	M40	Brewer	ME	49:12.4	(11)	4:55
39	57	Gary Bowns	M30	Freeport	ME	49:28.2	(16)	4:56
40	61	Sheldon Tepler	M40	Topsham	ME	50:11.6	(12)	5:01
41	341	Frank Dean	M40	Yarmouth	ME	50:49.9	(13)	5:04
42	467	Gary Wood	M50	Durham	ME	50:56.4	(7)	5:05
43	60	Henry Bindbeutel,	M20	Portland	ME	51:38.4	(4)	5:09
44	328	Harry Center	M40	Freeport	ME	51:46.3	(14)	5:10
45	422	Richard StHilaire	M50	Franklin	NH	52:05.2	(8)	5:12
46	55	Henry Bindbeuter,	M50	W. Paris	ME	52:16.2	(9)	5:13
47	497	David Silk	M40	Portland	ME	52:46.9	(15)	5:16
48	424	Jim Tyrrell	M50	Cape Elizabe	ME	52:55.9	(10)	5:17
49	331	Ron Chase	M60	Durham	ME	54:03.4	(4)	5:24
50	335	Michael Colleran	M40	Topsham	ME	54:10.6	(16)	5:25
51	404	Vince Quintana	M40	Bath	ME	54:19.8	(17)	5:25
52	401	John Pineau	M40	Gorham	ME	55:27.5	(18)	5:32
53	455	Bill Thompson	M40	Scarborough	ME	55:29.3	(19)	5:32
54	408	Jeff Reinfelder	M30	Freeport	ME	55:40.8	(17)	5:34
55	403	Jim Prosser	M50	Portland	ME	55:44.9	(11)	5:34
56	374	Dennis King	M50	Freeport	ME	56:56.4	(12)	5:41
57	463	Jules Fertig	M50	Portland	ME	57:34.4	(13)	5:45
58	350	Walter Fletcher	M50	Freeport	ME	57:40.7	(14)	5:46
59	343	Robert DeWitt	M60	Lisbon	ME	58:16.4	(5)	5:49
60	496	George Goodwin	M60	Tevett	ME	58:37.0	(6)	5:51
61	421	John Stevens	M60	Wells	ME	59:24.7	(7)	5:56
62	392	David Mosley	M50	Portland	ME	1:02:09.4	(15)	6:12
63	334	Paul Clare	M60	Bradenton	FL	1:04:21.2	(8)	6:26